

## **Day 7**

Genesis 2:1-3

### **Sermon Discussion Questions**

**September 5, 2021**

1. This morning we read in Genesis 2 that on seventh day God created rest. Have you ever meditated on rest as God's creation before?

After listening to Jim's sermon this morning, how has your thinking about the meaning of rest changed?

2. During today's sermon we read Psalm 46 so as to better grasp God's rest. Sometimes poetry can help us to feel and understand things in ways that definitions can't. The beauty of poetry and song is they tend to come from a place of delight and joy, whereas definitions tend to come from a place of work in order to understand. This means that once again the form of God's Word in the Psalms (poetry through joy and delight) matches its function (delighting in rest).

Are there truths that you have a hard time putting into words?

Do you have a favorite Psalm, song, poem that communicates God's truth in a way goes beyond just a definition?

3. Pastor Jim shared with us some experiences about a moose and some exotic fruits during his sabbatical and mentioned that though they were created to be part of this world, until he had experienced them it was as if they didn't exist. He said this applied personally to the concept of rest as well. Are there good things (such as rest) that God has created that you have not experienced?

Is there any way in which Calvary Church, being the hands and feet of Jesus, could help you to experience? Are there ways in which we could help you experience these things in Christ?

4. Our sermon application had four steps to explain how the gift of sabbath rest works. The second of those points was to choose a worship activity for a portion of the time since the purpose of Sabbath rest is to engage with God and to enjoy his creation. Pastor Jim gave an example that we could begin our Sabbath with reading a passage from Scripture or playing worship music and singing praise to the Lord. What kind of worship activity are you currently doing to engage with God?

If there is a new worship activity you could do in the future, what would it be?

Is there any way in which Calvary Church could help you engage in rest during your Sabbath?