

Alpha for Community Groups

Introduction:

What is Alpha?

Alpha helps create a space for honest conversation around some of life's biggest questions. It is designed to provide guests an opportunity to connect with one another while providing the opportunity to share thoughts, ideas, and opinions in a safe and caring environment. Alpha helps bring people together while providing the chance to encounter Jesus.

The Alpha talks are designed to engage people from all walks of life and inspire conversation. They explore the big issues of life and faith and unpack the basics of Christian belief, addressing questions like "Who is Jesus?", "Why and how do I pray?", and "How does God guide us?"

One of the most important parts of any Alpha is the chance to share thoughts and ideas on the topic in a small group format. Guests hear from others and have an opportunity to contribute/share in a judgment-free environment.

Who should participate?

Your community group, but also Alpha is great for new or non-believers. Invite family, friends, and neighbors. The Lord could use this study to grow your group and even the salvation for someone who does not know God!

How does Alpha work?

Alpha is simple: it starts with a shared meal, then a video, and followed by a group discussion.

Alpha for Community Groups

Session 1: Is There More to Life Than This?

Share a meal:

Spend time catching up on life with your community group while sharing a meal together

Watch:

Session 1: Click the button below to watch the video

[Watch Session 1](#)

Discussion Questions:

Any initial reaction to the video? Anything you can relate to that was said?

Have you ever thought about the question – “Is there more to life than this?”
If so, what did you conclude?

Do you feel it is worth your time to explore this question? If so, why?

If it turned out that God did exist after all and you could ask one question,
what would it be?



Alpha for Community Groups

Session 2: Who is Jesus?

Share a meal:

Spend time catching up on life with your community group while sharing a meal together

Watch:

Session 2: Click the button below to watch the video

[Watch Session 2](#)

Discussion Questions:

Any overall thoughts on the video?

Were you aware of the evidence for the accuracy of the bible as described in the video?

Before you watched the video tonight, what was your concept of Jesus? Has it changed? If so, in what way?

What aspects of the evidence presented tonight did you find convincing/not convincing?

Whether you believe in Jesus or not, if you had a chance to meet Him, what would you say or ask?

So, what do you think about Jesus?

Alpha for Community Groups

Session 3: Who is Jesus?

Share a meal:

Spend time catching up on life with your community group while sharing a meal together

Watch:

Session 3: Click the button below to watch the video

[Watch Session 3](#)

Discussion Questions:

Any overall thoughts on the video?

What does the word “forgiveness” mean to you?

Have you ever had to forgive anyone? How did you do it?

Has anyone ever forgiven you? What did it feel like?

What does the word “sin” mean to you?

Alpha for Community Groups

Session 4: How Can I have Faith?

Share a meal:

Spend time catching up on life with your community group while sharing a meal together

Watch:

Session 4: Click the button below to watch the video

[Watch Session 4](#)

Discussion Questions:

Any overall thoughts on the video?

What does it mean to have faith in something or someone?

How can a person have faith in someone who he/she can't see?

What do you think about the evidence for Christianity that was presented here?

What do you feel / what do you think about the idea of a relationship with God?

What obstacles, if any, might keep them from having faith?



Alpha for Community Groups

Session 5: How Can I have Faith?

Share a meal:

Spend time catching up on life with your community group while sharing a meal together

Watch:

Session 5: Click the button below to watch the video

[Watch Session 5](#)

Discussion Questions:

Any overall thoughts on the video?

Have you ever tried praying or do you know anyone who has tried praying?
How did it go?

What do you think about the idea of God answering prayer?

Have you ever prayed, and a “coincidence” happened?

In the video, various reasons for praying are given (e.g., to experience a relationship with God, for peace, for perspective on life considering everything going on around us, for power to resist temptation/sin, etc.). Do you relate to any of these? Do you have other reasons for prayer?



Alpha for Community Groups

Session 6: How Can I have Faith?

Share a meal:

Spend time catching up on life with your community group while sharing a meal together

Watch:

Session 6: Click the button below to watch the video

[Watch Session 6](#)

Discussion Questions:

Any overall thoughts on the video?

Has anyone ever tried reading any of the Bible? How was your experience?

What are some of your hesitations or roadblocks to reading the Bible?

How do you feel about the idea of God speaking through the Bible?

Does anyone have any practical suggestions about how to read the Bible?

